

Delta Hawks Spring Race Schedule

Our spring schedule will be a mix of local road races and track meets.

Date	Race	Location	Race Type	Registration
Sat., Feb. 9	Valentine Run 4 mile, 1.8 mile and kids races	Sacramento	Road	https://valentine.run/register/
Sat., March 16	Shamrock'n 5k & Leprechaun Dash	West Sacramento	Road	www.shamrocknhalf.com
Sat. April 7	SacTown 5k	Sacramento	Road	https://runsra.org/sactown-run/
Sat., Apr 13	Halden Invitational	Davis	Track	Team Registration
Sun, Apr 14	Sacramento Zoo Zoom 5k & Kids Races	Sacramento Zoo	Road	www.saczoozoom.com
Fri., Apr 19	Sheldon Distance Carnival	Elk Grove	Track	Team Registration
Sat/Sun, May 25/26	Central Valley TC	River Bank HS	Track	Team Registration
Mon, May 27	No Excuses 5k	Sacramento Land Park	Road	www.noexcuses5k.com
Sat., June 1	Golden West Invitational	Folsom	Track	Team Registration
Sat., July 6	USATF Regional Qualifier (Top 5 Qualify)		Track	Team Registration
July 22 - 28	USATF Junior Olympics	Sacramento	Track	Team Registration

NOTE: The Championship season from June 1 - July 28 makes the season long. We understand this and encourage those athletes that really have the desire to continue into Championship season to continue. More details to come on this part of the season. Also, USATF Junior Olympics are in Sacramento this year so it would be great to qualify as many as possible and have support from those who don't by coming out to cheer.